

## Mathematics

Have a go at some "Hungry Caterpillar" repeating patterns and try some counting.

Downloadable print out.

## Physical Development. Personal, Social and Emotional Development

Find some time for a spot of yoga and mindfulness. Try Cosmic Yoga's version of the Very Hungry Caterpillar.

<https://www.google.com/search?q=cosmic+yoga+youtube+hungry+caterpillar&aq=cosmic+yoga+hungry+&aqs=chrome.2.0j69i57j0l5.5907j0j8&sourceid=chrome&ie=UTF-8H>

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## Communication and Language

Try some "caterpillar" phonics using milk bottle tops.

Can your little people put the letters in their name in the correct order?

## Understanding the world

Learn about the life cycle of a butterfly.

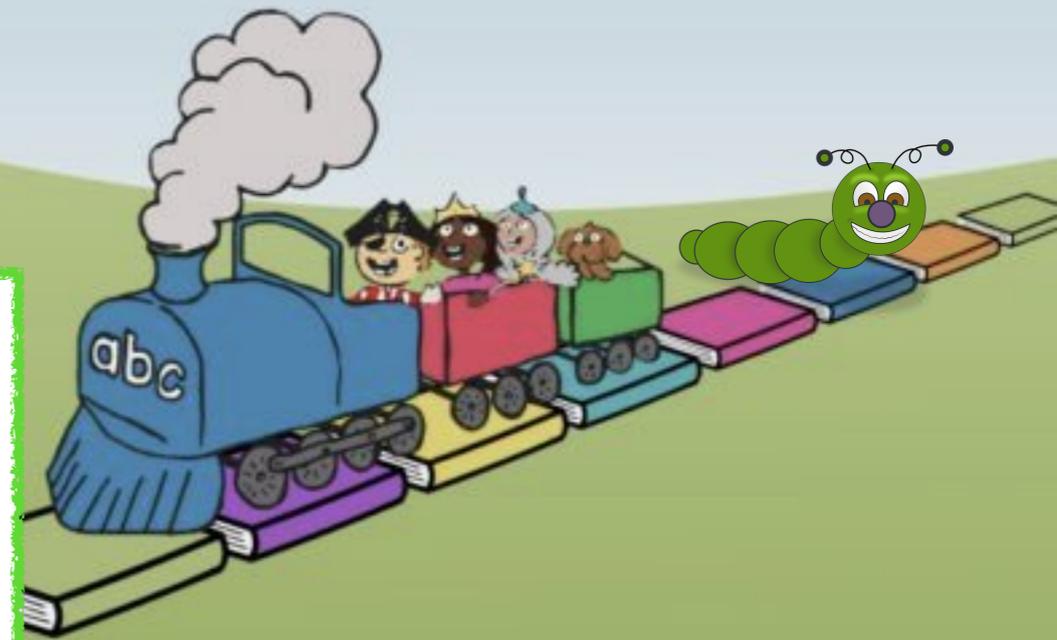
Read about it here.

<https://www.natgeokids.com/uk/discover/animals/insects/butterfly-life-cycle/>

Or watch a time lapse video here.

<https://www.nationalgeographic.org/activity/the-very-hungry-caterpillar-and-the-butterfly-life-cycle/>

**The Very Hungry  
Caterpillar  
Ideas to learn  
and play**



## Mathematics

Sing a song to learn the days of the week.

<https://www.youtube.com/watch?v=7AvNq2CQnOI>

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## Expressive Art and Design

Create some butterfly symmetry artwork.

## Expressive Art and Design Communication and Language

Make a caterpillar mask and encourage your little person to act out the story.

## Expressive Art and Design

Use an egg box to make a caterpillar. Paint it and add other recyclable materials to create the antennae, eyes and legs.

## Communication and Language

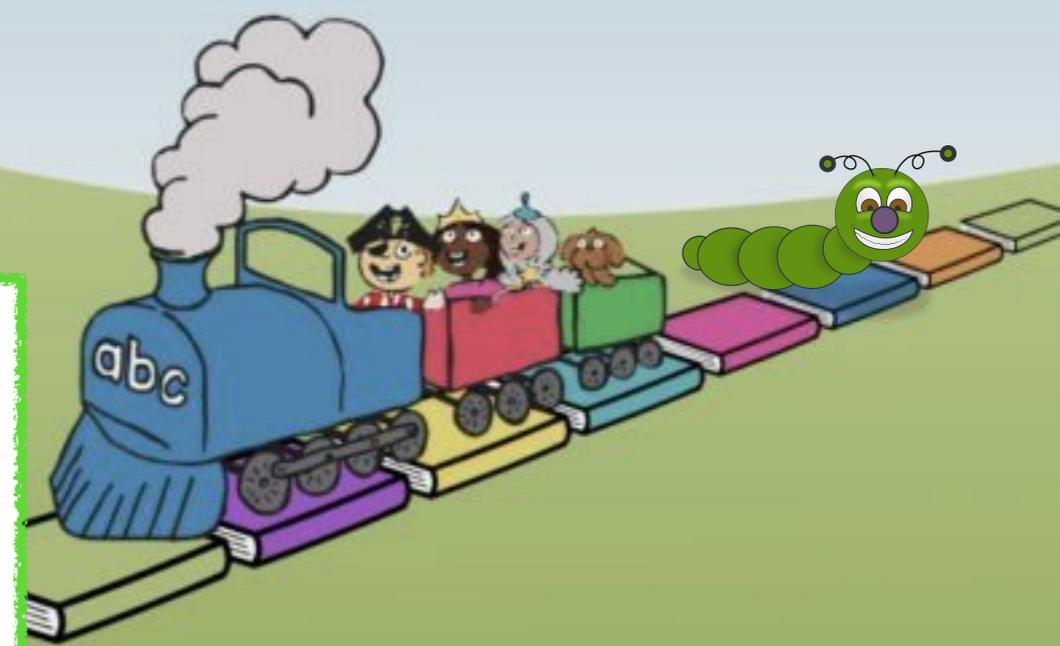
Enjoy reading the book as often as your little people would like. There are so many benefits of reading a story several times and beginning to learn some bits by heart.

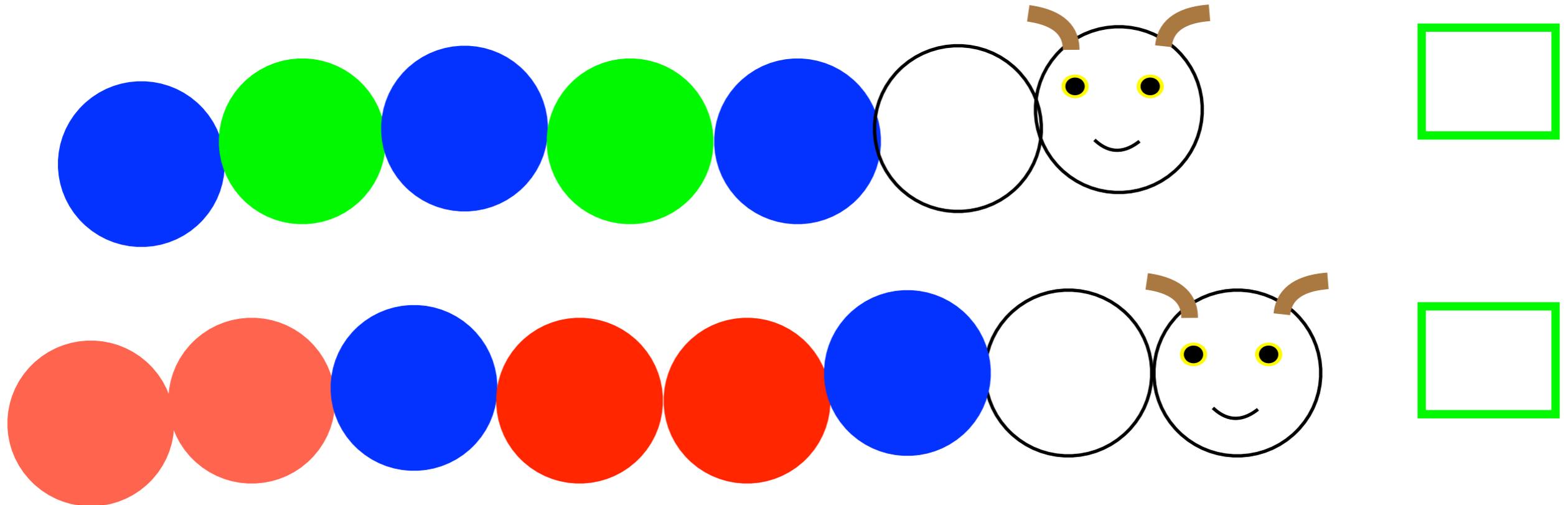
## Communication and Language

Develop your little person's fine motor skills by doing some threading around the caterpillar's leaf.

Downloadable print out.

## The Very Hungry Caterpillar Ideas to learn and play





Can you finish the pattern?

How many parts are there to the caterpillar's body? Write the number in the box if you can.

Repeat with different examples. If you have counters you can do this activity practically.

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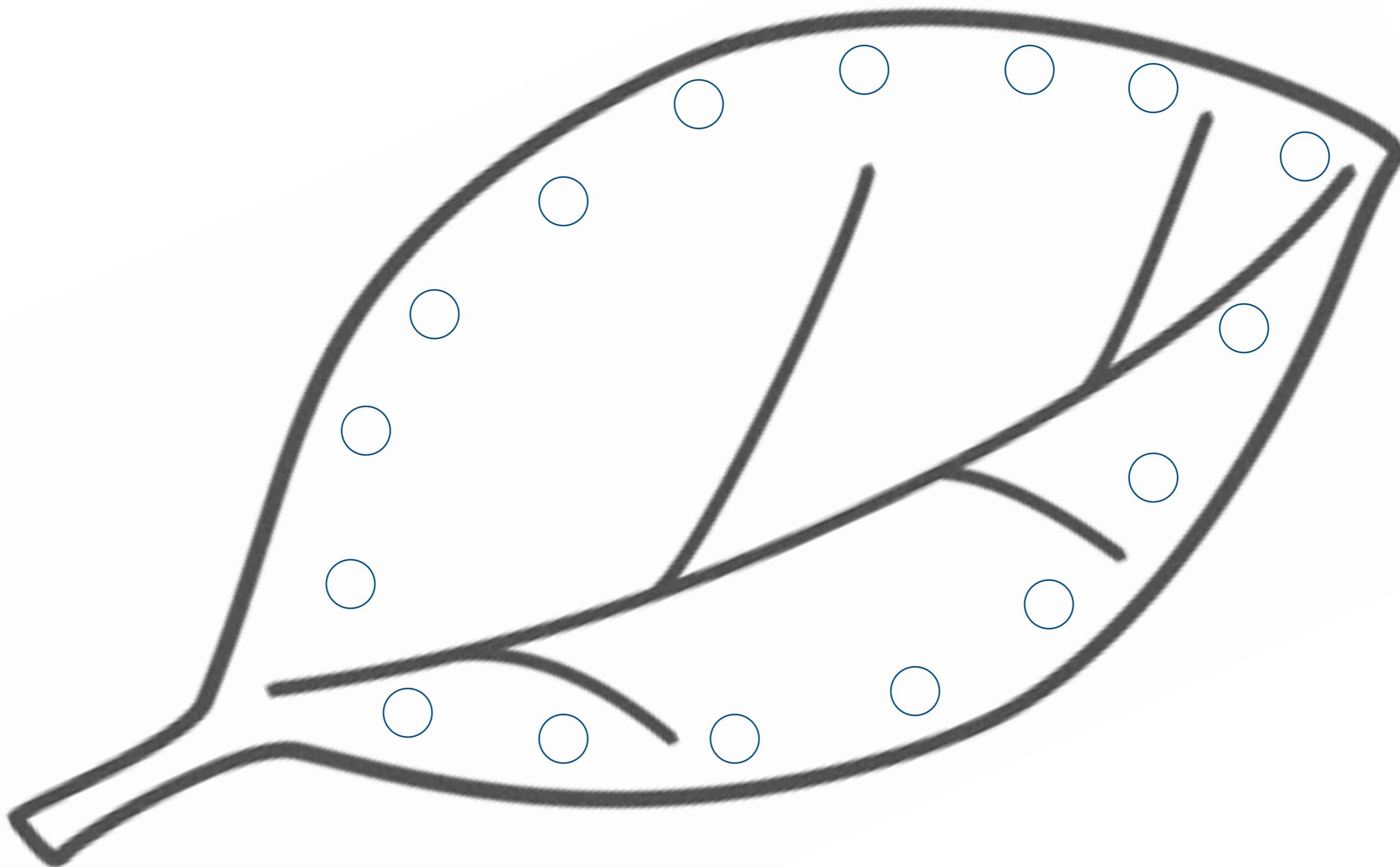
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# The Very Hungry Caterpillar Leaf Threading Template

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## The Very Hungry Caterpillar Mask

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